

All prices per 100 g / 100 ml unless stated otherwise

PRODUCT	PRICE
BAKING	
Baking Powder	0.40
Bicarbonate Of Soda	0.22
Caster Sugar - Organic	0.22
Cocoa Powder	1.42
Cocoa Powder 250 G	3.95 each
Cornflour	2.85
Demerara Sugar - Organic	0.45
Gf Plain Flour 1 Kg	3.30 each
Golden Icing Sugar 500 G	2.85
Granulated Sugar	0.16
Plain White Flour	0.20
Polenta 250 G	2.40 each
Quick Yeast	2.00 each
Rye Flour 1 Kg	2.30 each
Self Raising Flour - White	0.20
Soft Brown Sugar	0.32
Strong White Flour	0.20
Strong Wholemeal Flour	0.20
BODYCARE	
Alter/Native Shampoo Bar	4.95 each
Alter/Native Bodywash	1.10
Alter/Native Conditioner	1.10
Alter/Native Conditioner Bar	6.45 each
Alter/Native Facial Cleansing Bar	4.00 each
Alter/Native Shampoo	1.10
Earth Conscious Deodorant	7.50 each
Fin Body Lotion	1.50
Fin Bodywash	1.25
Grapefruit Soap	2.50 each
Hand Sanitizer	1.20
Humble Cotton Swabs	2.50 each
Humble Dental Floss	2.90 each
Loofco Body Loofa	3.55 each
Razor Blades X 10	2.50 each
Rose Soap	2.45 each
Round Soap Dish	3.95 each
Soap Bag	2.50 each
Toothbrush - Adult	3.25 each
Toothbrush - Kid	3.25 each
Upcircle Balm Refill 50 Ml	12.00 each
Upcircle Body Cream	22.00 each
Upcircle Body Scrub	15.00 each
Upcircle Cleansing Balm	19.00 each
Upcircle Moisture Refill	12.00 each
Upcircle Moisturiser	19.00 each

Upcircle Night Cream	19.00 each
Upcircle Safety Razor	22.00 each
Yare Valley Lip Balm	4.00 each

CEREALS

Bran Sticks	0.52
Cornflakes - Organic	0.94
Fruit & Fibre - Organic	0.59
Gluten Free Porridge - Organic	0.59
Jumbo Oats - Organic	0.32
Muesli Base	0.22
Oat & Coconut Granola	0.50
Porridge Oats	0.15
Rollagranola	1.10
Super Muesli	0.49

CONFECTIONERY

Cox & Co Chocolate 80 G	3.35 each
Dark Chocolate	1.25
Happi Chocolate 40 G	1.49 each
Happi Chocolate 80 G	2.95 each
Happi Hot Chocolate Spoons	5.00 each
Oat Milk Chocolate	2.00
Milk Chocolate	1.20
Tony'S Choclonely	4.00 each
Vegan Sweets	1.20
White Choc Buttons	1.20

DRIED FRUIT

Apple Rings	1.25
Apricots - Organic	1.65
Banana Chips - Organic	0.88
Cranberries	1.09
Currants	0.60
Dates - Pitted	0.40
Desiccated Coconut	1.10
Figs	0.98
Glace Cherries	1.32
Mango	2.49
Mixed Peel	0.50
Prunes - Pitted	1.12
Raisins	0.49
Sultanas	0.49

GRAINS

Arborio Rice	0.45
Basmati Rice - Brown - Organic	0.50
Basmati Rice - White	0.38
Bulgar Wheat	0.40
Cous Cous - Wholemeal - Organic	0.45

Egg Noodles	0.55 each
Jasmine Rice	0.33
Long Grain Rice - Brown	0.28
Pasta Fusilli	0.40
Pasta Penne - Organic	0.40
Pasta Shells	0.30
Popping Corn	0.48
Quinoa - Uk Grown	0.62
Red Split Lentils	0.40
Spaghetti	1.50 500 g

HERBS & SPICES

Bay Leaves	7.80
Black Peppercorns	2.40
Cardamon Pods	0.94
Cayenne	4.50
Chilli Powder	1.60
Cinnamon Ground	5.30
Cinnamon Sticks	7.80
Clove	3.30
Coarse Sea Salt	0.40
Coriander Seeds	3.00
Cumin Ground	1.80
Cumin Seeds	2.30
Curry Powder	1.00
Fennel Seeds	2.50
Garam Masala	1.90
Ginger	1.70
Ground Chillis	3.80
Ground Coriander	1.00
Mixed Herbs	3.30
Mixed Spice	3.00
Mustard Seeds	1.60
Nutmeg - Ground	6.10
Oregano	2.20
Paprika	1.40
Paprika Smoked	2.00
Parsley	2.30
Rosemary	3.50
Sage	2.50
Seasalt - Fine	0.30
Thyme	1.80
Tumeric	1.10
White Pepper	3.10
Whole Chillis	6.80

HOUSEHOLD / NON FOOD

30 L Mastic Waste Bin Bags X 14	3.50 each
Alter/Native Soap Tin	3.10 each
Benevo Poo Bags X 120	6.49 each

Circular&Co Cup - Large	14.00 each
Circular&Co Cup - Small	11.50 each
Citric Acid	0.96
Cleaning Bicarb	0.39
Cling Film	3.79 each
Ecoleaf Dishwasher Tablets X 25	5.75 each
Ecoleaf Kitchen Towel X 2	2.75 each
Ecoleaf Toilet Roll X 4	3.65 each
Firelighters X 28	2.90 each
Food Waste Bags	3.50 each
Jedz Bottle 500 MI	16.00 each
Jedz Bottle 750 MI	18.50 each
Kitchen Foil	3.50 each
Laundry Powder	0.59
Loofco Bottle Brush	4.50 each
Loofco Wash Up Pads	3.55 each
Loofco Washing Up Brush	4.00 each
Loofco Washing Up Soap	3.95 each
Paper Sandwich Bags X 48	4.75 each
Parchment Paper	3.90 each
Tall Kitchen Bags X 12	4.99 each
Wgac Loo Roll	0.95 each
Wgac Tissues	1.65 each

HOUSEHOLD LIQUIDS

Biological Laundry Liquid	0.40
Cleaning Vinegar	0.19
Fabric Conditioner	0.25
Floor Cleaner	0.56
Liquid Hand Soap	0.49
Multi Surface Cleaner	0.32
Non Bio Laundry Liquid	0.38
Rinse Aid	0.60
Toilet Cleaner	0.31
Washing Up Liquid	0.29

MORE SCOOPS

Bombay Mix	0.51
200 Degrees Coffee (Beans/Ground)	3.20
200 Degrees Coffee - Decaf (Beans/Ground)	3.20
Soya Mince (Textured Vegetable Protein)	0.90
Tea - Earl Grey	7.50
Tea - English Breakfast	7.50
Tea - Moroccan Mint	7.50
Tea - Sleep Better	8.00

NUTS & SEEDS

Almonds	1.01
Brazil Nuts	1.69
Cashews	1.22

Chia Seeds - Organic	1.17
Flaked Almonds	1.12
Ground Almonds	1.45
Hazelnuts	1.54
Linseed	0.41
Mixed Chopped Nuts	0.95
Peanuts Roasted	0.75
Pecans	2.14
Pistachios (Shelled & Salted)	1.94
Pumpkin Seeds	0.80
Sesame Seeds	0.45
Sunflower Seeds	0.45
Walnut Halves	0.90

OILS & VINEGARS

Balsamic Vinegar	1.09
Olive Oil Extra Virgin	1.21
Rapeseed Oil Extra Virgin	0.75
Sunflower Oil	0.56

OTHER

Eggs Dozen	4.40 each
Eggs Half Dozen	2.20 each
Mutti Pizza Sauce	1.98 each
Mutti Tomato Puree	1.98 each
Peanut Butter	0.55
Pesto - Organic	3.99
Mutti Chopped Tomatoes	1.55 each
Mutti Passata	2.10 each
Shelford Honey On Tap	2.70
Two Farmers Crisps 150G	2.50 each
Two Farmers Crisps 40G	0.85 each

BEANS & PULSES

Black Beans	0.39
Brown Lentils	0.30
Chick Peas	0.32
Kidney Beans	0.40
Puy Lentils	0.55

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